

# Thanksgiving Break

## RESOURCES AND OPPORTUNITIES

### for Housing, Food Options, and Transportation

Students experiencing homelessness or situations in which they are unable to return home, for whatever reason, during academic breaks may stay in SIU Residence Halls. Amenities include a bed, bathroom with a shower, a communal refrigerator, a stove with oven, a microwave, and cookware. To request housing accommodations, or support for additional needs, visit <https://salukicare.siu.edu/form/index.php>.

The Saluki Food Pantry provides students with enough food to sustain each individual in their household for 3-4 days. The Saluki Food Pantry also supplies recipes developed by SIU Human Nutrition and Dietetics students to prepare dishes with the food items provided. For hours of operation and a resource list of additional food pantries, food kitchens, and additional resources in the area, many within walking distance of campus, may be found at <https://studentcenter.siu.edu/services/saluki-food-pantry.php>.

Food and basic needs bags are also located in the Dean of Student's Office, located in the Student Services Building, and in the Wellness and Health Promotion Services Office, located in the Student Health Center, Mondays through Fridays from 8:00am-4:30pm. Prior to SIU holiday closures, students may acquire enough food to sustain their household during the break.

Transportation may be arranged in advance at Jackson County Mass Transit at (618) 549-0304 or Rides Mass Transit at 1-844-220-1243. For the Saluki Express Break Route schedule, visit <https://studentcenter.siu.edu/services/transportation-parking/saluki-express/index.php>

For information about the The Higher Education Resources and Opportunities for Salukis in Need (HEROES) is a program, please visit [heroes.siu.edu](https://heroes.siu.edu) or contact the HEROES Liaison at [heros@siu.edu](mailto:heros@siu.edu).

### Thanksgiving Break prepared meal options per day include:

#### Saturday –11/23/2023

- Good Samaritan Soup Kitchen: 8am, 11:30am, and 5:30pm
- Rotary Serves Food pantry: 1pm-3pm
- Victory Dream Center: 12-1pm

#### Sunday –11/24/2023

- Good Samaritan Soup Kitchen: 8am, 11:30am, and 5:30pm

#### Monday –11/25/2023

- Good Samaritan Soup Kitchen 8am, 11:30am, and 5:30pm
- Feed My Sheep Community Soup Kitchen: 12pm-1pm

#### Tuesday –11/26/2023

- Good Samaritan Soup Kitchen 8am, 11:30am, and 5:30pm
- Feed My Sheep Community Soup Kitchen: 12pm-1pm

#### Wednesday –11/27/2023

- Good Samaritan Soup Kitchen 8am, 11:30am, and 5:30pm
- Feed My Sheep Community Soup Kitchen: 12pm-1pm

#### Thursday –11/28/2023

- Good Samaritan Soup Kitchen: 8am, 11:30am, and 5:30pm
- Newman Center Thanksgiving Dinner: 12:00-2:00pm, carry out, dine-in, and delivery (delivery orders must be put in by Monday, Nov 25 by 3:00pm)

#### Friday –11/29/2023

- Good Samaritan Soup Kitchen 8am, 11:30am, and 5:30pm
- Feed My Sheep Community Soup Kitchen: 12pm-1pm
- Rotary Serves Food pantry: 11am-1pm

#### Saturday –11/30/2023

- Good Samaritan Soup Kitchen 8am, 11:30am, and 5:30pm
- Rotary Serves Food pantry: 1pm-3pm
- Victory Dream Center: 5pm

#### Sunday –12/1/2023

- Good Samaritan Soup Kitchen 8am, 11:30am, and 5:30pm

### Resources Contact Information:

Feed My Sheep  
Bethel AME - 316 E. Jackson St.  
Carbondale, IL  
(618) 457-5574

Good Samaritan House  
701 South Marion St,  
Carbondale IL  
(618) 457-5794

Newman Center  
715 S Washington St,  
Carbondale IL  
(618) 529-3311

Rotary Serves Food Pantry  
216 N. Washington Ave.  
Carbondale, IL  
(618) 893-1717

Victory Dream Center  
607 E College St.,  
Carbondale, IL  
(618) 351-8018



SOUTHERN ILLINOIS UNIVERSITY  
**STUDENT HEALTH SERVICES**

HEROES - Higher Education Resources and Opportunities  
Campus Liason, Dr. Jaime Clark, Director of Student Health Services  
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